

# Helping Loved Ones Get Vaccinated



Getting vaccinated is the best way to protect yourself and loved ones from COVID-19. Missourians who are older, who have a disability, or who do not have internet may need help getting vaccinated. Follow the steps and tips below to navigate this process with your loved ones.

## 1 Preregister for a vaccine.

Health providers and local health departments are working to organize vaccination appointments. You can preregister your loved one for a vaccine now. When it is their turn and a vaccine is available, you will be contacted to schedule an appointment. It is ok to preregister in multiple places.

**Preregister for a vaccine with your loved one's local health department and their health provider. Preregister with the Missouri Vaccine Navigator at [covidvaccine.mo.gov/navigator/](https://covidvaccine.mo.gov/navigator/) or by calling the COVID-19 hotline at 877-435-8411.**

**Tip |** List your contact information if you are helping make an appointment for your loved one.

## 2 Schedule and keep vaccine appointments.

When it is your loved one's turn to get vaccinated, a vaccination team member will reach out to you by phone or email to schedule an appointment. Though you may have preregistered with multiple vaccinators, only make an appointment with one. If you are contacted by multiple vaccinators, let them know your loved one has already been vaccinated so they can schedule another patient.

**Tip |** Avoid COVID-19 vaccine scams. Don't give personal information like a social security number, bank account or credit card number over the phone or via text. It is ok to share insurance information if you have it.

**Tip |** If your loved one gets a vaccine that requires two doses, make a note of the second appointment date and remind your loved one about the appointment as it gets closer.

## 3 Plan to get to and from the vaccination appointment.

If your loved one does not have reliable transportation, plan for who will take them to and from their vaccination appointment or appointments.

**Tip |** Area Agencies on Aging can help arrange transportation for patients over 60. See the map of AAAs and their contact information on the next page.

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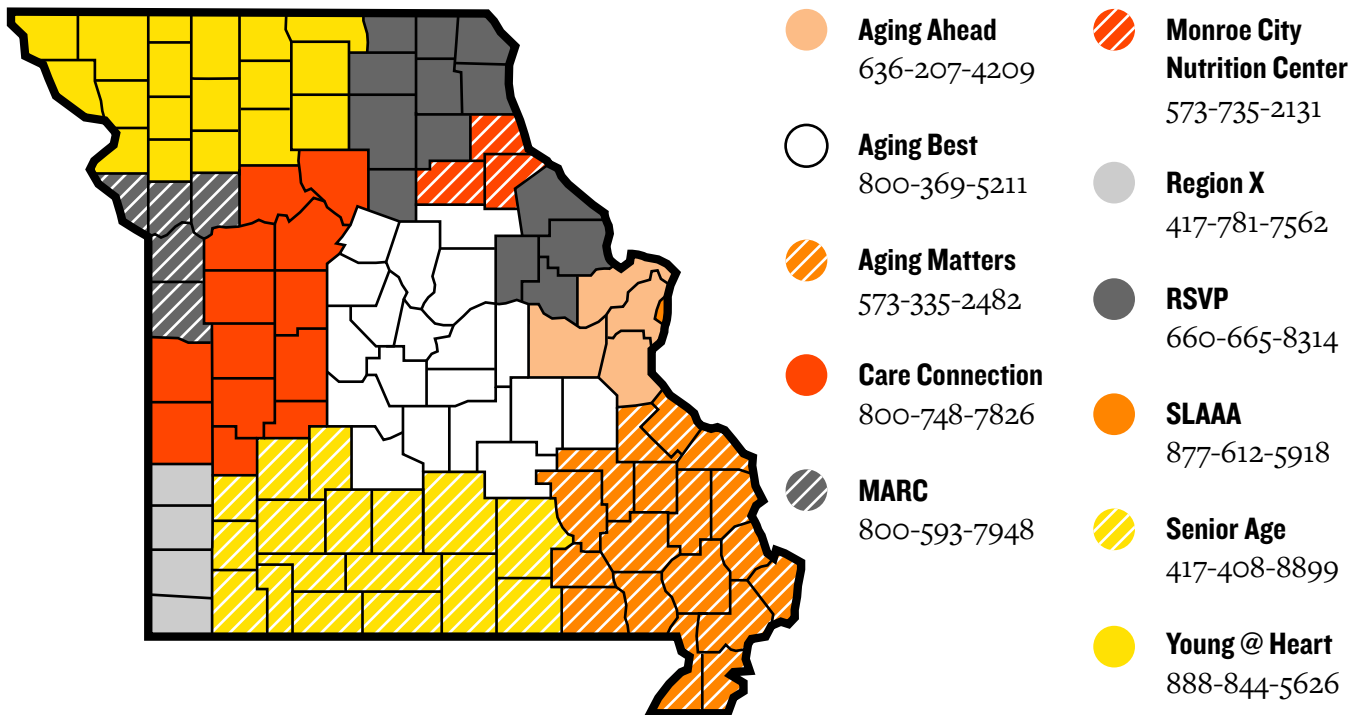
## 4 Plan for possible side effects.

Side effects are a normal part of vaccination. After getting COVID vaccines, some people report side effects including exhaustion or tiredness, muscle pain, chills and fever. These symptoms were more common after the second dose of the vaccine and usually last for one or two days.

**Tip |** Have a plan for who will help your loved one if they are feeling unwell after the vaccine.

### WORKING WITH AREA AGENCIES ON AGING

Area Agencies on Aging around the state can help Missourians over age 60 access the vaccine by:  
Helping with registration • Making reminder calls about appointments • Providing transportation to and from appointments



For Area Agencies on Aging by county, see the list on the next page.

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## AREA AGENCIES ON AGING (BY COUNTY)

<p><b>Aging Ahead</b> 636-207-4209</p> <p>Franklin Jefferson St. Charles St. Louis</p>	<p><b>Aging Matters</b> 573-335-2482</p> <p>Bollinger Butler Cape Girardeau Carter Dunklin Iron Madison Mississippi New Madrid Pemiscot Perry Reynolds Ripley St. Francois Ste. Genevieve Scott Stoddard Wayne</p>	<p><b>Johnson</b> <b>Lafayette</b> <b>Pettis</b> <b>St. Clair</b> <b>Saline</b> <b>Vernon</b></p>	<p><b>RSVP</b> 660-665-8314</p> <p>Adair Clark Knox Lewis Lincoln Macon Montgomery Pike Randolph Schuyler Scotland Shelby Warren</p>	<p><b>Lawrence</b> <b>Oregon</b> <b>Ozark</b> <b>Polk</b> <b>Shannon</b> <b>Stone</b> <b>Taney</b> <b>Texas</b> <b>Webster</b> <b>Wright</b></p>
<p><b>Aging Best</b> 800-369-5211</p> <p>Audrain Boone Callaway Camden Cole Cooper Crawford Dent Gasconade Howard Laclede Maries Miller Moniteau Morgan Osage Phelps Pulaski Washington</p>	<p><b>Care Connection</b> 800-748-7826</p> <p>Bates Benton Carroll Cedar Chariton Henry Hickory</p>	<p><b>MARC</b> 800-593-7948</p> <p>Cass Clay Jackson Platte Ray</p>	<p><b>SLAAA</b> 877-612-5918</p> <p>St. Louis City</p>	<p><b>Young @ Heart</b> 888-844-5626</p> <p>Andrew Atchison Buchanan Caldwell Clinton Davies DeKalb Gentry Grundy Harrison Holt Linn Livingston Mercer Nodaway Putnam Sullivan Worth</p>
		<p><b>Monroe City</b> <b>Nutrition Center</b> 573-735-2131</p> <p>Marion Monroe Ralls</p>	<p><b>Senior Age</b> 417-408-8899</p> <p>Barry Christian Dade Dallas Douglas Greene Howell</p>	
		<p><b>Region X</b> 417-781-7562</p> <p>Barton Jasper McDonald Newton</p>		

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For more information about COVID-19 vaccines, visit [oneforallmo.com](https://oneforallmo.com).

