



summer
2020

ONE
FOR
ALL
#stopthespread

COVID-19 safety guidelines for

Picnics & Backyard Gatherings

Enjoy Your Summer Safely

You can still enjoy time with family and friends while protecting yourself and others from COVID-19. If you follow the guidance below, outdoor gatherings can be medium-risk activities.



Practice Physical Distancing

Choose a spacious area where you can easily practice physical distancing. Set up your eating area at least 6 feet away from people you do not live with.



Keep Your Hands Clean

Wash your hands often – especially before eating, drinking and preparing food.



Stop the Spread When Serving Food

Avoid having multiple people touch the same utensils by bringing your own or having one person serve each dish. Wear a face mask while serving food. While there is no evidence of COVID-19 spreading through food, it is still important to practice proper food safety.



Pack Your Summer Safety Kit

Before you go out, pack your summer safety kit with hand sanitizer, disinfecting wipes, tissues and a clean face mask. Don't forget to pack your usual summer safety items like bug spray, sunscreen and plenty of water.

For more information on COVID-19 in Missouri and what you can do to stop the spread, visit oneforallmo.com or contact your local public health experts.

